

## Annex C Summary of the discussion results from the social inclusion workshop Kuldīga (Latvia) / 29<sup>th</sup> of August 2022 to present in joint cross-border workshop

Risk groups: Areas/Fields:	Youth	Pre-retirement & Post-retirement population	Disabled people	Various socially vulnerable groups
<b>1. Accessibility &amp; Services (Universal Design)</b>		<u>Idea:</u> Setting up a day care centre for persons with dementia <u>Partners:</u> Ventspils city & Saldus district	<u>Idea:</u> Home care services according to the individual needs (pilot project) <u>Partners:</u> Talsi district	<u>Idea:</u> Hygiene service centre for the homeless people <u>Partners:</u> Ventspils city
		<u>Idea:</u> Ensuring accessibility in the Social Care centres (SCC): -lift/elevator to the 2 <sup>nd</sup> floor, safety buttons -exchange of experience of SCC's employees -sports, etc. activities for the SCC's clients + purchase of necessary equipment <u>Partners:</u> South Kurzeme district	<u>Idea:</u> Improvement of playgrounds with elements for children with mobility impairments -organization of creative-integrative days <u>Partners:</u> Kuldīga district	
		<u>Idea:</u> Digital wristbands for SCC's customers <u>Partners:</u> Ventspils city & Tukums district	<u>Idea:</u> Special playgrounds and outdoor exercise equipment for meaningful free/leisure time & accessibility <u>Partners:</u> Tukums district & Saldus district	

			<u>Idea:</u> Mobility & accessibility services to get out of the house <u>Partners:</u> Venstpils city	
			<u>Idea:</u> External elevator for the service centre close to a family environment <u>Partners:</u> Ventspils city	
			<u>Idea:</u> Safety buttons at the SCC <u>Partners:</u> South Kurzeme district	
<b>2. Mobile services (improving the accessibility to the social services in the remote rural areas)</b>	<u>Idea:</u> Improve and promote the personal resources & skills of youth in remote rural areas: -mobile service of various specialists -transport & necessary equipment, tools, materials -organisation & conducting of master classes, workshops -creation of hybrid services <u>Partners:</u> Kuldīga district	<u>Idea:</u> “Senior schools” in parishes: - teaching & improving digital and other necessary skills -class-rooms of mobile specialists in remote rural villages (hybrid services) - promoting the communication between different generations (events & gatherings) <u>Partners:</u> Kuldīga district	<u>Idea:</u> Mobile hygiene points providing services in especially remote rural areas <u>Partners:</u> South Kurzeme district	<u>Idea:</u> Mobile & hybrid services closer to rural areas: -mobile office of various specialists -necessary equipment -specialists & experts <u>Partners:</u> Kuldīga district
		<u>Idea:</u> Mobile Hygiene Point (MHP): -equipped transport & team	<u>Idea:</u> Adaptation of mobile hygiene centres for the people with functional disabilities	<u>Idea:</u> Mobile school: -improvement of education level & skills

		<p>-raising skills, competence, and experience of MHP's employees</p> <p>-professional support, self-awareness for MPH's employees (supervision, because they don't have any) + raise the prestige of the profession</p> <p><u>Partners:</u> South Kurzeme district &amp; Ventspils city &amp; Saldus district</p>	<p><u>Partners:</u> Talsi district</p>	<p>-transport, equipment, computers, apps</p> <p><u>Partners:</u> Talsi district &amp; Ventspils district</p>
		<p><u>Idea:</u> "Social SOS"</p> <p>-an integrative service between healthcare &amp; social service:</p> <p>-information transfer &amp; exchange about the potential risks</p> <p>-system creation &amp; maintenance</p> <p>-legal &amp; data security issues</p> <p><u>Partners:</u> Tukums district &amp; Saldus district</p>	<p><u>Idea:</u> Special transport</p> <p>-ensuring the availability of services:</p> <p>- acquisition of transport (buses)</p> <p><u>Partners:</u> South Kurzeme district</p>	<p><u>Idea:</u> Mobile school (Indian, African principle):</p> <p>-language skills for Roma residents</p> <p>-buses &amp; transport, -equipment, computers, apps</p> <p><u>Partners:</u> Liepāja city</p>
<p><b>3.Social integration &amp; Support measures (integration into society &amp; labour market by</b></p>	<p><u>Idea:</u> Work with street youth:</p> <p>-create a system for working with street youth</p> <p>-development of the mentor network</p>	<p><u>Idea:</u> "A supportive, multi-functional centre for an inclusive society":</p> <p>-accessibility services, -necessary equipment</p>	<p><u>Idea:</u> "A supportive family":</p> <p>-furnishing rooms, acquisition of the necessary equipment</p> <p>-meetings, exchange of experience, -conducting master classes</p>	<p><u>Idea:</u> "A Senior's friend":</p> <p>-single pensioners, etc. persons living in rural &amp; remote rural homesteads</p> <p>-transport &amp; personnel</p> <p><u>Partners:</u> Ventspils city</p>

<b>developing more efficient/proactive social services)</b>	-adaptation of places for the young people to gather (infrastructure) <u>Partners:</u> Liepāja city & Tukums district	<u>Partners:</u> Ventspils district & Talsi district	<u>Partners:</u> Ventspils district	
	<u>Idea:</u> Raising the self-confidence of youth in rural areas: -creation of host family services -travel expenses, per diems, clothing, daily goods <u>Partners:</u> Ventspils city	<u>Idea:</u> Social inclusion of seniors and reducing their social exclusion through physical activities, including mental health: -outdoor exercise area for seniors, accessible to everyone (important in a Covid-19 situation) -use of the existing urban infrastructure (sports) for seniors -hiking in the urban environment - sport, culture, knowledge -canine therapy, Cigun, dances - unification for social exclusion -purchase of a TV in a social house with the aim of using it for online classes + physical activities, small equipment -mentoring of seniors (young people); promoting the communication between different generations	<u>Idea:</u> Inclusion / integration of people with functional disabilities by improving their access to the social and physical activities <u>Partners:</u> Saldus district	<u>Idea:</u> Children from families lacking support -free time & individual support <u>Partners:</u> Tukums district

		-training for the public on care for the elderly + pilot group "psychological support for relatives who care for the elderly" <u>Partners:</u> Liepāja city		
	<u>Idea:</u> Integration in the labour market -mentoring services -payment of mentors, adaptation of premises -entrepreneur as a mentor (introduction to the labour market) <u>Partners:</u> Ventspils district & Talsi district	<u>Idea:</u> For seniors - to create a routine and daily plan in the nursing home with the aim of improving emotional and physical well-being: - tablets, apps & programming & installation, including in the apps: physical & stretching activities, breathing practices, drinking water and taking medicine reminders -involve youth & children - with activities and creative workshops <u>Partners:</u> Liepāja city & Tukums district & Saldus district	<u>Idea:</u> Special workshops for developing work skills - purchase of equipment <u>Partners:</u> Ventspils district	<u>Idea:</u> Services of specialists with innovative approaches (e.g., Barboleta method) -for families with children, single-parent families, long-term unemployed -infrastructure: premises, equipment, specialists <u>Partners:</u> Kuldīga district
	<u>Idea:</u> Community strengthening: -improving mentoring services (development of methodology)			<u>Idea:</u> "A Nanny on call" -support system for moms & dads <u>Partners:</u> Ventspils city

	<ul style="list-style-type: none"> <li>-mobile tents, mobile tables, chairs, sound systems</li> <li>-camps &amp; plein airs &amp; creative workshops</li> <li>-attracting &amp; payment of entrepreneurs-mentors</li> </ul> <p><u>Partners:</u> Ventspils district &amp; Talsi district &amp; Saldus district</p>			
	<p><u>Idea:</u> Community strengthening through sports activities</p> <ul style="list-style-type: none"> <li>-lessons &amp; events</li> <li>-sound equipment for events</li> <li>-improvement of sports fields</li> </ul> <p><u>Partners:</u> Kuldīga district</p>			<p><u>Idea:</u> The long-term unemployed:</p> <ul style="list-style-type: none"> <li>-employment (workshops), social rehabilitation</li> <li>-meaningful learning</li> <li>-equipment, tools, personnel</li> </ul> <p><u>Partners:</u> Tukums district</p>
				<p><u>Idea:</u> Organization of support groups:</p> <ul style="list-style-type: none"> <li>-master classes &amp; practical work</li> <li>-premises, equipment, tools</li> <li>-master class experts</li> </ul> <p><u>Partners:</u> Ventspils district</p>
				<p><u>Idea:</u> A support person-mentor for persons with an undiagnosed diagnosis (especially, for men with GRT whose mother dies)</p> <ul style="list-style-type: none"> <li>-staff</li> </ul> <p><u>Partners:</u> Ventspils city</p>

<b>4.Digital Skills</b>	<p><u>Idea:</u> Learning digital skills &amp; their practical use: -digital skills support class -purchase of digital inventory in youth centres -help for seniors-computer programs, modern medical tools (blood pressure meter, etc., online e-health services) <u>Partners:</u> Ventspils district &amp; Talsi district</p>	<p><u>Idea:</u> Learning digital skills: -identification &amp; learning of online e-services for seniors (can be linked with the youth mentoring program) <u>Partners:</u> Ventspils district &amp; Talsi district &amp; Kuldīga district</p>		
	<p><u>Idea:</u> Meaningful use of the digital environment: -additional services in youth centres -access to the computers -critical thinking in the digital environment and media literacy <u>Partners:</u> Ventspils city</p>	<p><u>Idea:</u> Improving the digital skills of seniors and social workers + learning one foreign language: -equipping social services with computer equipment for the needs of customers (bank account statements, various online e-services) <u>Partners:</u> South Kurzeme district &amp; Tukums district</p>		
<b>5. Strengthening the Capacity &amp; Know-how of social institutions,</b>		<p><u>Idea:</u> Exchange of experience, mutual learning between LV/LT social workers &amp; services <u>Partners:</u> Ventspils district &amp; Talsi district</p>	<p><u>Idea:</u> Renovation of premises and inventory, purchase of items for training assistants and promotion of networking -exchange of supervision experience</p>	<p><u>Idea:</u> Strengthening the morale of social service experts &amp; workers: -experience exchange trips -thematic camps <u>Partners:</u> Ventspils city</p>

<b>experts and workers</b>			-infrastructure: hall, terrace-penthouse <u>Partners:</u> Kuldīga district	<u>Idea:</u> Training staff about paedophiles
<b>Various:</b> <ul style="list-style-type: none"> <li>• <b>Media</b></li> <li>• <b>Gardens</b></li> </ul>	<u>Idea:</u> A single website, a medium for informing the youth community: -creation of youth radio -equipment <u>Partners:</u> Ventspils city	<u>Idea:</u> Creation of summer & winter gardens at SCC - creation, equipment <u>Partners:</u> Tukums district	<u>Idea:</u> Community small gardens & greenhouses (closer to residence) <u>Partners:</u> Liepāja city	
		<u>Idea:</u> Sensory Garden (example from Liepāja) for different age groups -creation, equipment -training <u>Partners:</u> Tukums district & South Kurzeme district		