



**Interreg**  
**Latvija–Lietuva**

European Regional Development Fund



EUROPEAN UNION



# Networking Workshop “Fair and inclusive society”

Šventoji, Lithuania / October 5th, 2022

## Project ideas from Dienvidkurzeme county municipality

Una Ržepicka, Dienvidkurzeme county municipality development unit – [una.rzepicka@dkn.lv](mailto:una.rzepicka@dkn.lv)

Austra Smilgaine, Dienvidkurzeme county social department – [austra.smilgaine@dkn.lv](mailto:austra.smilgaine@dkn.lv)

- **Possible project Title: *Together: safe, independent and self sufficient (Kopā: droši, neatkarīgi un pašpietiekami)***
- Objective: environment accessibility adaptations to improve safety, independence, socialization opportunities and physical and mental wellbeing for residents of a social care center (SCC)
- Target group: residents of a social care center – seniors and people with disabilities
- Main activities divided in 3 groups:
  1. Safety and independence
  2. Socialization opportunities and wellbeing
  3. Skills development and experience exchange

- Main activities:

1. Safety and independence:

- Installing an elevator to the 2nd floor
- Installing safety buttons
- Purchasing evacuation sheets





## 2. Socialization opportunities and wellbeing

### Developing an accessible recreational space outdoors:

- outdoor guest room – for various activities in fresh air and accessible in different weather conditions (for example, meetings with family in epidemiologically safe environment)
- garden with elevated garden beds
- garden pathways suited for people with disabilities and in wheelchairs



### 3. Skills development and experience exchange:

- experience exchange with other SCC's employees about strategies to ensure the wellbeing of SCC's residents
  - care staff training course
  - outdoor and gardening activities for the SCC's residents – for example, gardening workshops, sowing day, harvest day etc.
- 
- Expected partners: SCC in Lithuania with similar target group and challenges
  - Budget/ budget per partner: ~ max 250 000 ERDF per partner (according to program rules)



- **Possible Project Title: *Longer in your own home (Ilgāk pašam savās mājās)***
- Objective: development of a mobile hygiene service (MHS) to improve health and wellbeing of senior citizens and people with disabilities who live in remote areas with limited access to modern utilities and to postpone their institutionalization
- Target group: people with disabilities and seniors who live in remote areas
- Main activities divided in 2 groups:
  1. Transport
  2. Creating a professional team of care staff



- Main activities:

1. Transport:

- purchasing and equipping transport for MHS (to bring social services to home)
- purchasing specialized transport (to bring the client to social services)

2. Creating a professional team of care staff:

- staff training - raising skills, competence, and experience of MHS's employees
- professional support, self-awareness for MHS's employees (supervision/ work counseling)

- Expected partners: Municipality/ organization in Lithuania in need of similar services

- Budget/ budget per partner: ~ max 250 000 ERDF per partner (according to program rules)





**Interreg**  
**Latvija–Lietuva**

European Regional Development Fund



## Networking Workshop “Fair and inclusive society”

Šventoji, Lithuania / October 5th, 2022

Thank you for your attention!

Looking forward to successful collaboration,

Una Ržepicka, Dienvidkurzeme county municipality development unit – [una.rzepicka@dkn.lv](mailto:una.rzepicka@dkn.lv)

Austra Smilgaine, Dienvidkurzeme county social department – [austra.smilgaine@dkn.lv](mailto:austra.smilgaine@dkn.lv)